

Paula's Favorites of Suggested Resources for Further Study

- *Albom, Mitch: Tuesdays with Morrie
- *Anderson, Megory: Sacred Dying: Creating Rituals for Embracing the End of Life
- *Butler, Katy: Knocking on Heaven's Door
- Byock, Ira, MD: The Four Things That Matter Most
- *Callanan, Maggie and Kelley, Patricia: Final Gifts: Understanding the Special Awareness, Needs, and Communications of the Dying
- *Callanan, Maggie: Final Journeys: A Practical Guide for Bringing Care and Comfort at the End of Life
- Dunn, Hank: Hard Choices for Loving People
- *Gawande, Atul: Being Mortal
- Grof, Stanislov, MD: The Ultimate Journey: Consciousness and the Mystery of Death and When the Impossible Happens
- Groves, Richard F. and Klauser, Henriette Anne: The American Book of Dying: Lessons in Healing Spiritual Pain
- *Karnes, Barbara: The Final Act of Living: Reflections of a Long-Time Hospice Nurse, all books and booklets are highly recommended.
- Krishnamurti: On Living and Dying
- Kubler-Ross, Elisabeth: On Death and Dying
- Levine, Stephen: Who Dies? An Investigation of Conscious Living and Conscious Dying
- *Nuland, Sherwin B.: How We Die: Reflections on Life's Final Chapter
- Puckle, Bernard S: Funeral Customs: Their Origin and Development
- Rinpoche, Sogyal: The Tibetan Book of Living and Dying

*Sedoric, Barbara Bates: **The Lasting Matters Organizer: Where Loved Ones Find What Matters Most**

*Williams-Murphy, Monica and Murphy, Kristian: **It's Okay to Die**

Wood, Juliette: **The Celtic Book of Living and Dying**

*Highly Recommend!

Favorite Movies

Harold and Maude

The Last Sin-Eater

The Five People You Meet in Heaven

What Dreams May Come

Wit

Shadrach

Phenomenon

Love is All You Need

Favorite Music

“Graceful Passages: A Companion for Living and Dying”: Produced by Michael Stillwater and Gary Malkin - Available on Amazon (www.amazon.com) and used book stores

Favorite Documentaries

Being Mortal (Frontline web site) [Being Mortal \(full documentary\) | FRONTLINE - YouTube](#)

Letting Go: A Hospice Journey (YouTube in 3 parts) [letting go: a hospice journey - YouTube](#)